Express Mail No. EL 994649967 U.S. Attorney Docket No. 1042.003

## I claim:

1. A disposable hygiene device, comprising:

a toilet seat with a top surface and a bottom surface adapted to fold for storage before or after use;

a receptacle attached to the bottom surface of the toilet seat; and

an adhesive located on the top surface that is exposed after use by removal of a protective covering.

- 2. The disposable hygiene device of claim 1, wherein the toilet seat further comprising a pair handles located across the toilet seat from each other.
- 3. The disposable hygiene device of claim 2, further comprising a visual orientation cue on the toilet seat located about half way between the handles.
- 4. The disposable hygiene device of claim 3, wherein the orientation cue comprises an extension of the toilet seat.
- 5. The disposable hygiene device of claim 4, wherein the toilet seat comprises at least one fold-line that promotes folding of the toilet seat.
- 6. The disposable hygiene device of claim 5, further comprising an envelope in which the toilet seat may be stored before or after use.
- 7. The disposable hygiene device of claim 6, further comprising toilet paper, sanitary wipes, odor control devices, hydroscopic material, and combinations thereof.
- 8. The disposable hygiene device of claim 1, further comprising a portable hygiene station comprising a support ring capable of receiving the toilet seat.
- 9. The disposable hygiene device of claim 8, wherein the supporting ring comprises a visual orientation cue to facilitate placement of the toilet seat on the supporting ring.
- 10. The disposable hygiene device of claim 9, wherein the portable hygiene station further comprises a support grip, a toilet paper dispenser, a sanitary wipe dispenser, a wash basin, a sink, a storage unit, an order control device, a temperature control device, a wheel, a wheel lock, multiples and combinations thereof.
- 11. The disposable hygiene device of claim 10, wherein the portable hygiene station further comprises a chair with integrated support grips, a plurality of wheels, and a wheel lock.
- 12. The disposable hygiene device of claim 11, wherein the chair is a bench.
- 13. The disposable hygiene device of claim 11, wherein the chair comprises a frame.
- 14. The disposable hygiene device of claim 9, wherein the portable hygiene station further comprises a ramp.
- 15. The disposable hygiene device of claim 14, wherein the portable hygiene station comprises a transparent material to facilitate identification of completion of a hygiene task.
- 16. A hygiene station, comprising:
  - a support for an individual in a sitting position;

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- a surface on the support to hold a toilet seat of a disposable hygiene device; and
- a well or open space in the surface adapted to receive a receptacle of a disposable hygiene device,

wherein the surface comprises at least one visual orientation cue for proper alignment of the disposable hygiene device.

- 17. The hygiene station of claim 16, wherein the visual orientation cue comprises a recess in the surface that corresponds to the shape of the toilet seat.
- 18. The hygiene station of claim 16, further comprising facilitating components selected from a support grip, a toilet paper dispenser, a sanitary wipe dispenser, a wash basin, a sink, a storage unit, an order control device, a temperature control device, a wheel, a wheel lock, multiples and combinations thereof.
- 19. The hygiene station of claim 17, further comprising a plurality of modular components that comprise the facilitating components and the chair.
- 20. The hygiene station of claim 17, wherein the hygiene station is adapted to be used in a bedroom.
- 21. The hygiene station of claim 16, further comprising a ramp to the support surface.
- 22. The hygiene station of claim 20, wherein the hygiene station is adapted to be used in a bed.
- 23. The hygiene station of claim 16, wherein the hygiene device is portable.
- 24. A hygiene station, comprising:
  - a central column mounted to a base; and

at least two bathroom fixtures selected from a toilet, a sink, a shower and a bath tub mounted to the central column,

wherein the central column houses a single connection point for the inputs for the bathroom fixtures and outputs for at least two of the bathroom fixtures.

- 25. The hygiene station of claim 24, wherein at least two bathroom fixtures are rotatably mounted to the central column.
- 26. The hygiene station of claim 24, further comprising a height adjustment device for at least one of the bathroom fixtures.
- 27. The hygiene station of claim 24, further comprising an extension device for at least one of the bathroom fixtures.
- 28. The hygiene station of claim 24, further comprising facilitating components selected from lights, storage, mirrors, support rails, access panels, a ventilation system, a heating and cooling system, a humidity control system, an audio-visual system, a monitoring system, multiples and combinations thereof.
- 29. The hygiene station of claim 28, wherein the inputs and outputs include a hot and cold water source, a drainage system, an electric power source, computer inputs and outputs, multiples and combinations thereof.

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- 30. The hygiene station of claim 29, wherein the single connection point also serves the inputs and outputs for the facilitating components.
- 31. The hygiene station of claim 1, wherein the at least two bathroom fixtures are integrally mounted on a platform that is rotatably mounted to the central column.
- 32. The hygiene station of claim 8, wherein the platform is height adjustable.